



Pupils of the Week

	Betty Bee Award	Wilbur Woodpecker Award	Olive Owl Award	Samuel Squirrel Award
Kingfishers	Bronwyn	Willow	Isabelle	Toby
Jackdaws	Sophia	Isabel	Juliana	Emilia
Ospreys				

We have this week carried out our elections for the roles in our Junior Leadership Team: Head Boy; Head Girl; School Council representatives; Eco Council representatives. The results are as follows:

Junior Leadership Team

Head Boy	Head Girl
Billy	Diya
Eco – Council Team	School Council Team
Hollie D Ruben Poppy Hazel Ivy Mollie	Zac Willow Ava Jack Matilda Megan

Congratulations to those who were voted in by their peers, but also thank you to ALL pupils who put themselves forward for any of the roles – we thank you for offering your dedication to these positions.

DOWN TIME

Have a think about how you feel when you finish work? Do you need some time to ‘download’ and get work thoughts out of your brain? I know I certainly do! The benefit of a daily commute, I find, is that I have that dedicated time every day to wind my brain down from work and get myself to a point where I can relax. I absolutely do not want to be talked to, asked about my day, or get on with anything for at least forty minutes, if not up to an hour. This is how I feel as an adult, so just imagine what it must mean for a child who has been stretching themselves mentally all day long. They need the same as we do – downtime.

It is so important that we give all our children this space to let off steam and literally do nothing. Many parents find that their children turn into crazy wild things after school – this is perfectly normal! They have been in classes of up to 29 other children, in a fairly small space, having to conform to rules and regulations all day. School is challenging for children – they are learning all day (we hope) and this is tiring. Giving them this time is essential. Studies have shown that children need time that IS NOT DIRECTED by adults to ensure good mental health. Children NEED to be bored – this gives their brains time to wander rather than being focused on activities all the time is very important for mental health.

SOCIAL ETIQUETTE

Alongside the stresses of learning all day, we have noticed an increase in ‘intolerant’ behaviour this term. Since the lockdown, children have had months where they have not had to tolerate large groups of children all in one space. It is a challenge remembering how to adapt behaviours to accommodate so many others in your ‘space’. We have noticed that some of the younger children that have become a little ‘snappy and snatchy’ with each other and some of the older ones are quite quick to complain about accidental annoyances like having their pencil knocked off a table as someone walks past!

We are all getting back used to the school routines – many of which are very different from home routines. The teachers are all addressing these issues in their classes and I hope that we will all feel more relaxed as the term progresses.

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Head of School

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